

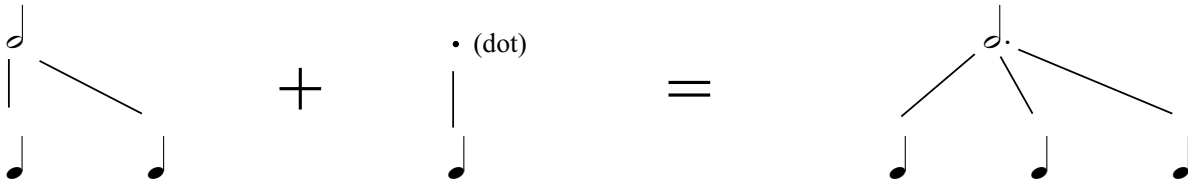
# Lesson 4

A DOT added after a note (or rest) means to add half the value of the note (or rest) to it.

So a half note,  
(equal to two quarter notes)

with a DOT,  
(equal to one quarter note)

becomes a DOTTED HALF NOTE.  
(equal to three quarter notes).



TAP your foot

Repetition

COUNT out loud

10 rhythmic exercises in 3/4 time, each consisting of two measures of music. The exercises are numbered 1 through 10. Each exercise is written on a single staff with a treble clef and a 3/4 time signature. The exercises are designed to be repeated and counted out loud.

Exercise 1:  $\text{R} \quad \text{L} \quad \text{L}$  (Quarter, Quarter, Quarter)

Exercise 2:  $\text{R} \quad \text{L}$  (Quarter, Quarter) followed by two measures of rests.

Exercise 3:  $\text{R}$  (Quarter) followed by two measures of rests.

Exercise 4:  $\text{L} \quad \text{L}$  (Quarter, Quarter) followed by two measures of rests.

Exercise 5:  $\text{R}$  (Quarter) followed by two measures of rests.

Exercise 6:  $\text{L}$  (Quarter) followed by two measures of rests.

Exercise 7:  $\text{L}$  (Quarter) followed by two measures of rests.

Exercise 8: Rests for all three beats in both measures.

Exercise 9:  $\text{R} \quad \text{L}$  (Quarter, Quarter) followed by two measures of rests.

Exercise 10:  $\text{R} \quad \text{L}$  (Quarter, Quarter) followed by two measures of rests.

11 1 2 3 1 2 3  
R R

12 1 2 3 1 2 3  
R R

13 1 2 3 1 2 3  
L L

14 1 2 3 1 2 3  
L L

15 1 2 3 1 2 3  
R R

16 1 2 3 1 2 3

In 3/4 time, beat 1 is STRONG (RIGHT)  
and beats 2 and 3 are WEAK (LEFT).

STICKING:

1 2 3  
R L L

Reading