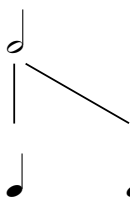
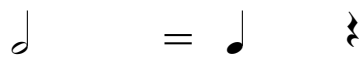


Lesson 2



In 4/4 time, a HALF NOTE gets two beats.

That means to play on the first beat, then count a second beat without playing.



TAP your foot

Repetition

COUNT out loud

10 exercises for 4/4 time, each consisting of a 4-beat sequence followed by a 4-beat sequence. The exercises are numbered 1 through 10, and each is marked with a 4/4 time signature and a repeat sign.

Exercise 1: 1 2 3 4 (R) (R) | | | |

Exercise 2: 1 2 3 4 (R) (R) (L) | | | |

Exercise 3: 1 2 3 4 (R) (L) (L) | | | |

Exercise 4: 1 2 3 4 (R) (L) (R) | | | |

Exercise 5: 1 2 3 4 (R) (R) | | | |

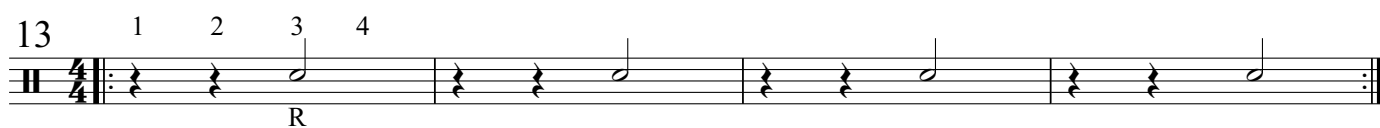
Exercise 6: 1 2 3 4 (R) (L) | | | |

Exercise 7: 1 2 3 4 (R) (L) | | | |

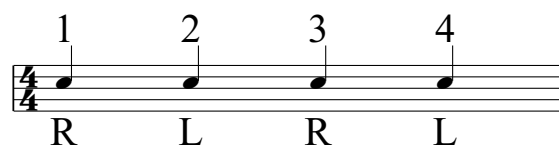
Exercise 8: 1 2 3 4 (L) (L) | | | |

Exercise 9: 1 2 3 4 (R) (R) | | | |

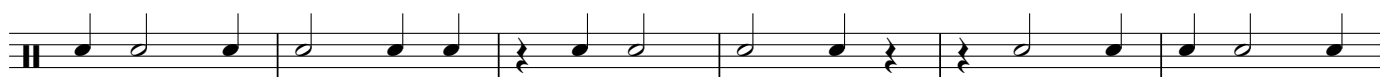
Exercise 10: 1 2 3 4 (L) (R) | | | |



STICKING:



Reading

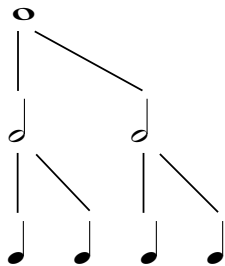


Lesson 3

In 4/4 time,
a HALF REST gets two beats,
like a half note, but don't play.



A WHOLE NOTE gets four beats. That means
to play on the first beat, then count a second,
third and fourth beat without playing.



A WHOLE REST is a four beat rest,
or a rest for the entire measure,
no matter what the meter is.



TAP your foot

Repetition

COUNT out loud

Eight musical exercises in 4/4 time, each consisting of four measures. The exercises are numbered 1 through 8. Each exercise is written on a single staff with a treble clef and a 4/4 time signature. The exercises are designed to be repeated and counted out loud.

Exercise 1: A whole note (R) on the first beat, followed by three measures of whole rests (R).

Exercise 2: A whole rest (R) for the first two beats, followed by a half note (L) on the third beat, and a whole rest (R) for the fourth beat. This pattern is repeated in the subsequent measures.

Exercise 3: A half note (R) on the first beat, followed by a half note (L) on the second beat, and two measures of whole rests (R).

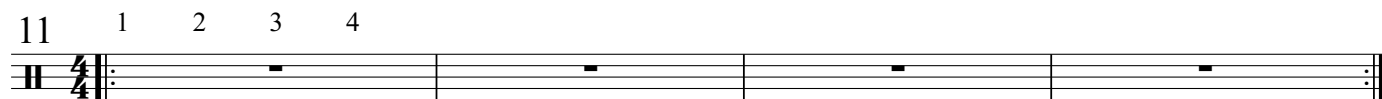
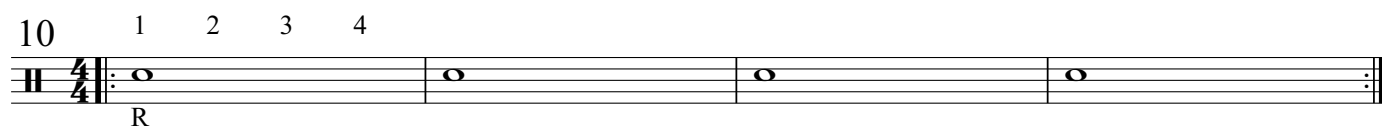
Exercise 4: A half note (R) on the first beat, followed by a whole rest (R) for the second beat, a half note (L) on the third beat, and a whole rest (R) for the fourth beat. This pattern is repeated in the subsequent measures.

Exercise 5: A whole rest (R) for the first two beats, followed by a half note (R) on the third beat, and a half note (L) on the fourth beat. This pattern is repeated in the subsequent measures.

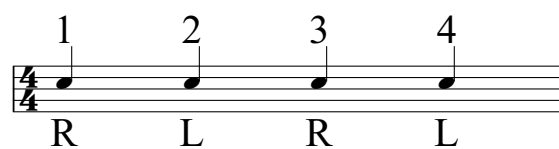
Exercise 6: A half note (R) on the first beat, followed by a quarter rest (Z) for the second beat, a whole rest (R) for the third beat, and a quarter rest (Z) for the fourth beat. This pattern is repeated in the subsequent measures.

Exercise 7: A quarter rest (Z) for the first beat, followed by a half note (L) on the second beat, and two measures of whole rests (R).

Exercise 8: A whole rest (R) for the first beat, followed by a half note (R) on the second beat, a quarter rest (Z) for the third beat, and a quarter rest (Z) for the fourth beat. This pattern is repeated in the subsequent measures.



STICKING:



Reading

