

Lesson 14

One 8th note equals two 16TH NOTES.

Also, one quarter note (equal to two 8th notes) equals four 16TH NOTES.

That means that in 2/4 time, there are four 16TH NOTES in one beat.

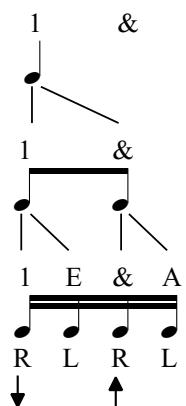
Notice that the 16TH NOTES are connected with TWO BEAMS.

Now the beat has to be subdivided into smaller parts, between the DOWNBEAT and the UPBEAT.

The 16TH NOTE after the downbeat is counted "E", and the 16TH NOTE after the upbeat, is counted "A".

The DOWNBEAT and UPBEAT are played with the RIGHT and the "E" and "A" with the LEFT.

REMEMBER that the foot should tap DOWN on the DOWNBEATS and lift UP on the UPBEATS.



TAP your foot

Repetition

COUNT out loud

1 1 E & A 2 E & A 1 E & A 2 E & A 1 E & A 2 E & A 1 E & A 2 E & A

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

f

2 1 E & A 2 & 1 E & A 2 & 1 E & A 2 & 1 E & A 2 &

R L R L R L R L R L R L R L R L R L R L R L R L

f

3 1 & 2 E & A 1 & 2 E & A 1 & 2 E & A 1 & 2 E & A

R L R L R L R L R L R L R L R L R L R L R L R L

f

4 1 E & A 2 & 1 E & A 2 & 1 E & A 2 & 1 E & A 2 &

R L R L R R L R L R R L R L R R L R L R

f

5 1 & 2 E & A 1 & 2 E & A 1 & 2 E & A 1 & 2 E & A

R R L R L R R L R L R R L R L R R L R L

f

6 1 E & A 2 & 1 E & A 2 & 1 E & A 2 & 1 E & A 2 &

R L R L R L R L R L R L R L R L

f

7 1 & 2 E & A 1 & 2 E & A 1 & 2 E & A 1 & 2 E & A

R L R L R L R L R L R L R L R L

f

Reading

2/4 *f*

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4 *f*

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4 *f*

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

2/4

Measure 1: Eighth-note pairs (A A B B C C D D) followed by a measure rest.

Measure 2: Sixteenth-note pairs (A A B B C C D D E E F F G G H H) followed by a measure rest.

Lesson 15

TAP your foot

Repetition

COUNT out loud

1 1 E & A 2 E & A 3 E & A 1 E & A 2 E & A 3 E & A

RLRLRLRLRLRL RLRLRLRLRLRL

p

2 1 E & A 2 & 3 & 1 E & A 2 & 3 &

RLRLRLRLRL RLRLRLRLRL

p

3 1 & 2 E & A 3 & 1 & 2 E & A 3 &

RLRLRLRLRL RLRLRLRLRL

p

4 1 & 2 & 3 E & A 1 & 2 & 3 E & A

RLRLRLRLRL RLRLRLRLRL

p

5 1 E & A 2 E & A 3 & 1 E & A 2 E & A 3 &

RLRLRLRLRL RLRLRLRLRL

p

6 1 E & A 2 & 3 E & A 1 E & A 2 & 3 E & A

RLRLRLRLRL RLRLRLRLRL

p

7 1 & 2 E & A 3 E & A 1 & 2 E & A 3 E & A

LRLRLRLRL LRLRLRLRL

p

8 1 E & A 2 & 3 & 1 E & A 2 & 3 &

RLRLRLRL RLRLRLRL

p

9 1 & 2 E & A 3 & 1 & 2 E & A 3 &

LRLRLRL LRLRLRL

p

10 1 & 2 & 3 E & A 1 & 2 & 3 E & A

LLRLLRL LLRLLRL

p

11 1 E & A 2 & 3 & 1 E & A 2 & 3 &

RLRLRRL RLRLRRL

p

12 1 & 2 E & A 3 & 1 & 2 E & A 3 &

13 1 & 2 & 3 E & A 1 & 2 & 3 E & A

14 1 E & A 2 & 3 & 1 E & A 2 & 3 &

15 1 & 2 E & A 3 & 1 & 2 E & A 3 &

16 1 & 2 & 3 E & A 1 & 2 & 3 E & A

Reading

Lesson 16

Because one 8th note equals two 16th notes, a group of two 8th notes equals a group of four 16th notes. However, it isn't necessary that both 8th notes be divided into a pair of 16th notes.

The first 8th note can be divided into a pair of 16th notes, and the second 8th note can stay as it is.

This creates a rhythm with TWO 16TH NOTES AND AN 8TH NOTE, or the "1E&" rhythm.

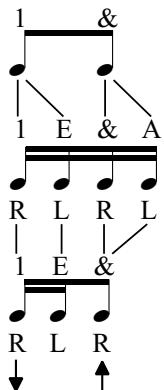
"1E" (RL) is played on the downbeat and "&" (R) is played on the upbeat.

"E" should be evenly spaced between "1" and "&".

The "1E& " rhythm should always be played with "RLR " sticking,

NOT alternating between "RLR" and "LRL".

REMEMBER that the foot should tap down on the downbeat and lift up on the upbeat.



TAP your foot

Repetition

COUNT out loud

Lesson 16

33

12 1 E & 2 & 3 & 4 &

R L R R L R L R L

13 1 & 2 E & 3 & 4 &

R L R L R R L R L

14 1 & 2 & 3 E & 4 &

R L R L R L R R L

15 1 & 2 & 3 & 4 E &

R L R L R L R L R

Reading

The image shows two sets of musical staves for two flutes. The top set of staves begins with a dynamic marking "mf". Each staff contains six measures of sixteenth-note patterns. The bottom set of staves also begins with a dynamic marking "mf". Each staff contains six measures of sixteenth-note patterns. The music is in common time (indicated by the "4" over the "4"). The notes are primarily sixteenth notes, with some eighth and quarter notes appearing in the patterns.

Lesson 17

Here is another example of dividing only one 8th note into two 16th notes.

The first 8th note as it is, and the second 8th note can be divided into a pair of 16th notes.

This creates a rhythm with AN 8TH NOTE AND TWO 16TH NOTES, or the "1 &A" rhythm.

"1" (R) is played on the downbeat and "&A" (RL) is played on the upbeat.

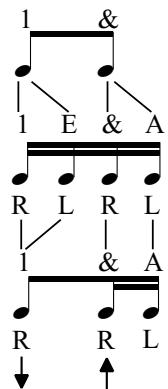
"A" should be evenly spaced between "&" and "1" (or "2", "3", "4", etc.).

There should also be a space between "1" and "&".

The "1 &A" rhythm should always be played with "R RL" sticking,

NOT alternating between "R LR" and "L RL".

REMEMBER that the foot should tap down on the downbeat and lift up on the upbeat.



TAP your foot

Repetition

COUNT out loud

1 1 & A 2 & A 3 & A 4 & A

R R L R R L R R L R R L

2 1 & A 2 & A 3 & A 4 E & A

R R L R R L R R L R L R L

3 1 & A 2 & A 3 E & A 4 & A

R R L R R L R L R L R R L

4 1 & A 2 E & A 3 & A 4 & A

R R L R L R L R R L R R L

5 1 E & A 2 & A 3 & A 4 & A

R L R L R R L R R L R R L

6 1 & A 2 & A 3 E & A 4 E & A

R R L R R L R L R L R L R L

7 1 & A 2 E & A 3 & A 4 E & A

R R L R L R L R R L R L

8 1 E & A 2 & A 3 & A 4 E & A

R L R L R R L R R L R L R L

9 1 & A 2 & 3 & 4 & A

R R L R L R L R R L R R L

10 1 & 2 & A 3 & 4 & A

R L R R L R L R R L R R L

11 1 & 2 & 3 & A 4 & A

R L R L R R L R R L

12 1 & A 2 & 3 & 4 &

13 1 & 2 & A 3 & 4 &

14 1 & 2 & 3 & A 4 &

15 1 & 2 & 3 & 4 & A

Reading

mf

mf

Lesson 18

TAP your foot

Repetition

COUNT out loud

1 1 E & 2 E & 3 E & 4 E &

R L R R L R R L R R L R

2 1 E & 2 E & 3 E & 4 & A

R L R R L R R L R R R L

3 1 E & 2 E & 3 & A 4 E &

R L R R L R R R L R L R

4 1 E & 2 & A 3 E & 4 E &

R L R R R L R L R R L R

5 1 & A 2 E & 3 E & 4 E &

R R L R L R R L R R L R

6 1 E & 2 E & 3 & A 4 & A

R L R R L R R R L R L

7 1 E & 2 & A 3 E & 4 & A

R L R R R L R L R R R L

8 1 & A 2 E & 3 E & 4 & A

R R L R L R R L R R R L

9 1 E & 2 & A 3 & A 4 E &

R L R R R L R L R R L R

10 1 & A 2 E & 3 & A 4 E &

R R L R L R R R L R L R

11 1 & A 2 & A 3 E & 4 E &

R R L R L R R L R R L R

12 1 E & 2 & A 3 & A 4 & A

R L R R R L R L R R R L

13 1 & A 2 E & 3 & A 4 & A

R R L R L R R R L R L

14 1 & A 2 & A 3 E & 4 & A

R R L R L R R R L R L

15 1 & A 2 & A 3 & A 4 E &

16 1 & A 2 & A 3 & A 4 & A

R R L R R L R R L R R L

Reading

f

mf

mp

p

p **mp** **mf**

mp **p** **mp** **mf** **mp**

p **mp** **mf** **mp** **mf** **mp** **p** **f** **mp**

mf

p

Lesson 19

TAP your foot

Repetition

COUNT out loud

1 1 E & 2 & A 3 E & 4 & A 5 &

2 1 & A 2 E & 3 & A 4 E & 5 &

3 1 E & 2 & A 3 E & 4 & A 5 & A

4 1 E & 2 & A 3 & A 4 E & 5 & A

5 1 & A 2 E & 3 & A 4 E & 5 E &

6 1 & A 2 E & 3 E & 4 & A 5 E &

7 1 E & 2 & 3 E & 4 & 5 &

8 1 E & 2 & 3 & 4 E & 5 &

9 1 & A 2 E & A 3 & A 4 E & A 5 E & A

10 1 & A 2 E & A 3 E & A 4 & A 5 E & A

11 1 E & 2 & 3 & A 4 E & A 5 E & A

12 1 E & 2 & 3 & 4 & A 5 E & A

13 1 & A 2 E & A 3 E & 4 & 5 &

14 1 & A 2 E & A 3 E & A 4 E & 5 &

15 1 E & 2 & 3 & A 4 & 5 &

 R L R R L R R L R L R L

16 1 & A 2 E & A 3 E & 4 E & A 5 E & A

 R R L R L R L R R L R L R L

Reading



